



# WALKS · HIKING TRAILS

## OUTDOOR PARK

- VALL DE BOÏ -

WALKING THROUGH LA VALL DE BOÏ IS MUCH MORE THAN JUST ENJOYING THE SCENERY

# RECOMMENDED WALKS & HIKING TRAILS

**3 BARRUERA - CARDET - BARRUERA**  
CIRCULAR TRAIL

The trail starts in Barruera (1,097 m), just below the Church of Sant Feliu near the river. Follow the path along the right bank of the river, heading south on a paved track. When the track ends at the junction with the L-500 road, cross the road and continue along the path on the mountainside, which will take you directly to the Church of Santa Maria de Cardet (1,197 m). For the return journey to Barruera, take the path near the viewpoint, descending through the trees and alongside the stream until you reach the L-500 road at the Cardet Dam (1,088 m). From there, you can either return to Barruera via the Water Trail or continue towards The Sarais Bridge.

**DIFFICULTY** ○○○○

2.20 km

0.50 h

100 m

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**12 SANT MIQUEL PATH**  
CIRCULAR TRAIL

Start the trail in Barruera (1,097 m), near the swimming pools. Cross the L-500 road and follow the path as it climbs steeply through an oak forest, eventually taking you to the old ruins of Sant Miquel. Along the way, you'll enjoy fantastic views of Barruera and the valley. From there, the trail connects to a track that descends back into Barruera.

**DIFFICULTY** ○○○○

2.70 km

1.40 h

289 m

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**1 THE OTTER TRAIL**  
FROM LA PALANCA DE LA MOLINA TO PLANELL D'AIGÜESTORTES

To start the trail, drive along the L-500 road towards Caldes de Boi until you reach the parking area at La Molina (1,381 m). From there, take the footpath that begins to the right of the information booth, leading you to Aiguestortes (1,822 m). The route follows the Sant Nicolau riverbank, passing Llibreta Lake, the La Cascada viewpoint, and the Planell de Sant Esperit along the way.

**DIFFICULTY** ○○○○

6.30 km

2 h

441 m

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**3 FROM AIGÜESTORTES PLATEAU TO ESTANY LLONG**

This scenic route to Estany Llong (2,000 m) follows the Sant Nicolau river, winding through el Planell Gran and the picturesque meadows of Aiguadassí.

**NOTES**  
You can access the Aiguestortes Plateau (1,822 m) by public transport from Boi or on foot via Hiking Trail 1, starting at La Molina Bridge.

**DIFFICULTY** ○○○○

4.20 km

1.30 h

178 m

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**7 MARMOT TRAIL**  
FROM CAVALLERS RESERVOIR TO VENTOSA MOUNTAIN HUT

Take the L-500 road towards Caldes de Boi and park at Cavallers (1,784 m). From there, the trail starts on the right, just above the reservoir, and takes you to Lake Negre (2,147 m) and the Refugi de Ventosa i Calvell (2,215 m). Along the way, you'll pass through Pletiu de Riumalo and the striking area known as Les Llastres de la Morta.

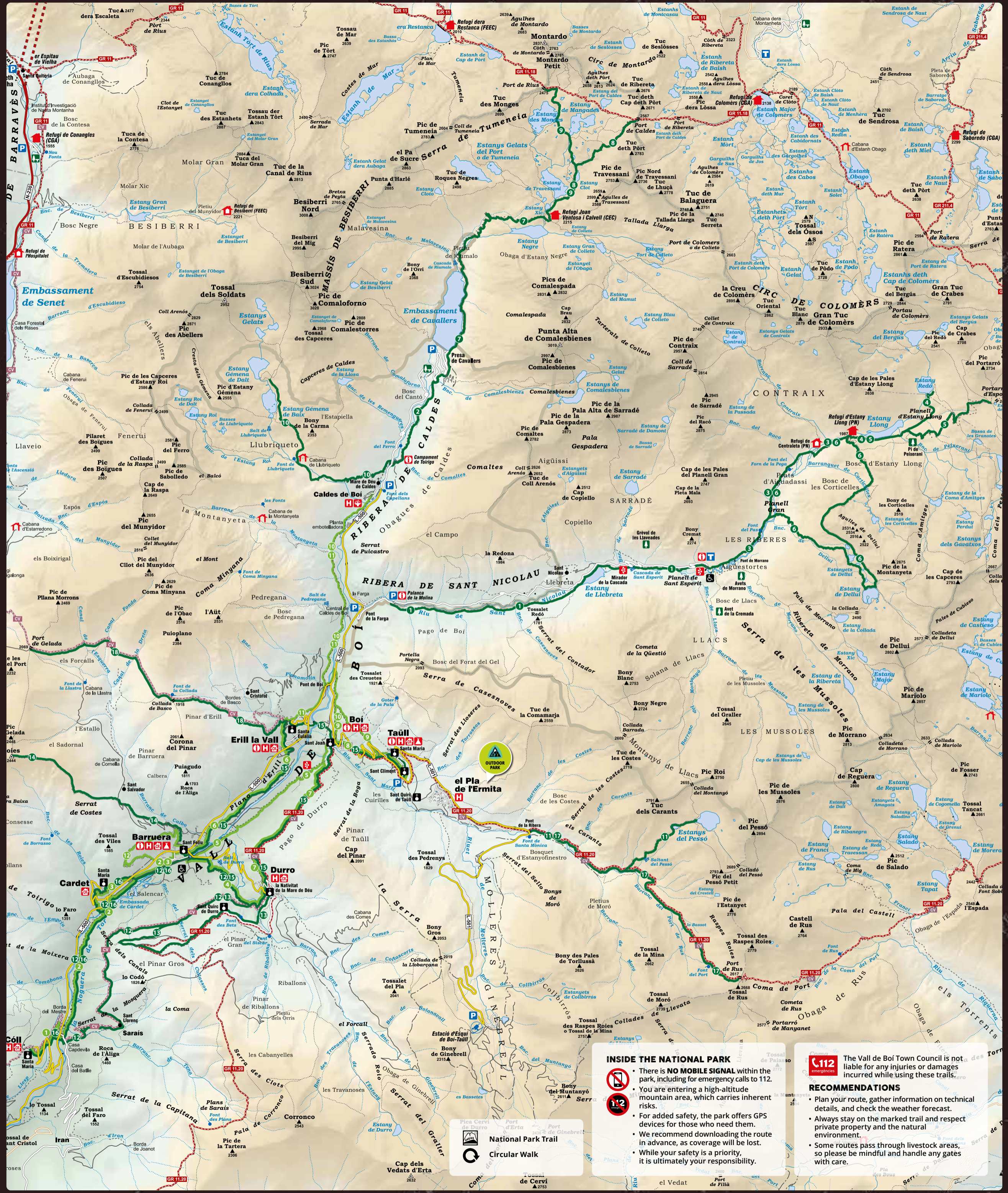
**DIFFICULTY** ○○○○

4.40 km

2.15 h

431 m

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# WALKS AROUND LA VALL DE BOÏ

## Traditional Routes

For centuries, these paths have been used by people and livestock traveling between villages. Walking along them offers the chance to enjoy breathtaking landscapes, a variety of wildlife, and vibrant plant life. You'll also marvel at the dry stone walls, stone borders, and cobbled paths—masterfully crafted by our ancestors.

- 1 EL PONT DE SARAIS - COLL
- 2 BARRUERA - EL PONT DE SARAIS WATER TRAIL
- 3 BARRUERA - CARDET - BARRUERA
- 4 BARRUERA - DURRO
- 5 BARRUERA - BOÏ WATER TRAIL
- 6 BARRUERA - ERILL LA VALL
- 7 BOÏ - DURRO PAGO TRAIL
- 8 BOÏ - TAÜLL
- 9 LLANCEROS PATH
- 10 BOÏ - CALDES DE BOÏ WATER TRAIL
- 11 ERILL LA VALL - CALDES DE BOÏ
- 12 SANT MIQUEL PATH



# HIKING TRAILS AROUND LA VALL DE BOÏ

## National Park Trails

The trails in Aiguestortes and Estany de Sant Maurici National Park offer an immersive journey into the heart of the Pyrenees. The park has two main access points: one via Aiguestortes, which offers a peaceful hike through gentle terrain, and another via Cavallers, a rockier area with stunningly dramatic landscapes.

## High-Mountain Trails

These high-altitude footpaths are for those seeking more challenging adventures. With steeper climbs and longer durations, they're designed for those with experience and a love for tough, rewarding hikes.

- 1 PALANCA DE LA MOLINA - AIGÜESTORTES PLATEAU
- 2 TOIRIGO - CAVALLERS DAM
- 3 AIGÜESTORTES PLATEAU - ESTANY LLONG
- 4 ESTANY LLONG - ESTANY REDÓ
- 5 ESTANY LLONG - PORTARRÓ D'ESPOT
- 6 DELLIU VALLEY
- 7 CAVALLERS DAM - VENTOSA MOUNTAIN HUT (ESTANY NEGRE)
- 8 VENTOSA MOUNTAIN HUT (ESTANY NEGRE) - CALDES PASS
- 9 VENTOSA MOUNTAIN HUT (ESTANY NEGRE) - RIUS PASS
- 10 TOIRIGO - GÉMINA LAKES
- 11 PONT DE LA RIBERA - PESSÓ LAKES
- 12 BARRUERA - DURRO - SARAIS - EL PONT DE SARAIS - BARRUERA
- 13 DURRO WILDLIFE TRAIL
- 14 CARA AMON - BARRUERA - ROIES DE CARDET
- 15 ROMANESQUE CIRCULAR TRAIL 1
- 16 ROMANESQUE CIRCULAR TRAIL 2
- 17 PONT DE LA RIBERA - RIUS PASS
- 18 ERILL LA VALL - GELADA PASS



**INSIDE THE NATIONAL PARK**

- There is **NO MOBILE SIGNAL** within the park, including for emergency calls to 112. You are entering a high-altitude mountain area, which carries inherent risks.
- For added safety, the park offers GPS devices for those who need them.
- We recommend downloading the route in advance, as coverage will be lost.
- While your safety is a priority, it is ultimately your responsibility.

**RECOMMENDATIONS**

- Plan your route, gather information on technical details, and check the weather forecast.
- Always stay on the marked trail and respect private property and the natural environment.
- Some routes pass through livestock areas, so please be mindful and handle any gates with care.

National Park Trail

Circular Walk



# WALKS

### 1 EL PONT DE SARAIS - CÒLL

Begin the trail at El Pont de Sarais (1,006 m), crossing the L-500 road and follow the path along the right bank, heading north on a paved track. Continue around the church and follow the final stretch to the village of Coll (1,170 m).

**DIFFICULTY**  
●●●●

○-○ 1.05 km  
⌚ 0.30 h  
▲ 170 m

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### 2 BARRUERA - EL PONT DE SARAIS WATER TRAIL

Start in Barruera (1,097 m), just below the Church of Sant Feliu and near the river. Follow the path along the right bank, heading south on a paved track. After passing the Cardet Dam, cross the suspension bridge over the Noguera de Tor River and continue along the riverbank until you reach El Pont de Sarais (1,006 m).

**DIFFICULTY**  
●●●●

○-○ 4.05 km  
⌚ 1.30 h  
▲ -100 m

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### 4 BARRUERA - DURRO

Begin at Barruera (1,097 m), just below the Church of Sant Feliu and near the river. Follow the path along the right bank, heading north on a paved track. Cross the Noguera de Tor River via the old stone bridge, then take a left turn towards Durro for about 200 metres. From there, turn right onto a steep path that winds through dry stone walls and the forest, leading you directly to Durro (1,390 m).

**DIFFICULTY**  
●●●●

○-○ 2.40 km  
⌚ 1.30 h  
▲ 293 m

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### 5 BARRUERA - BOI WATER TRAIL

Start at Barruera (1,097 m), just below the Church of Sant Feliu and near the river. Follow the path along the right bank, heading north on a paved track. Cross the Noguera de Tor via the old stone bridge, and continue beneath the road bridge towards Durro. The trail then follows the left bank of the river upstream, winding through meadows before climbing the mountainside. Shortly after passing the valley viewpoint, the trail reaches Riu de Boi Square (1,265 m).

**DIFFICULTY**  
●●●●

○-○ 3.90 km  
⌚ 1.40 h  
▲ 168 m

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### 6 BARRUERA - ERILL LA VALL

Start in Barruera (1,097 m), just below the Church of Sant Feliu. Follow the path along the right bank of the river, heading north. Pass the old stone bridge on your right, and continue beneath the Durro road bridge. At the cement works, take a left turn, following the river upstream. After a short climb through areas bordered by dry stone walls, the trail reaches a bend in the old road. From here, take a right turn, passing through the tunnel beneath the L-500 road. Finally, ascend a section flanked by dry stone walls, which will lead you to Erill la Vall (1,250 m).

**DIFFICULTY**  
●●●●

○-○ 4.10 km  
⌚ 1.45 h  
▲ 153 m

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### 7 BOI - DURRO PAGO TRAIL

Start in Boi (1,265 m) at Riu Square and head south along the trail. After about 200 metres, you'll reach a fork. Take the left-hand path, which climbs up a broad scree slope and offers panoramic views of La Vall de Boi. The trail crosses a small pass near Roca de Espà before descending into Durro (1,390 m), where it reaches the road just above the old school building.

**DIFFICULTY**  
●●●●

○-○ 3.40 km  
⌚ 1.30 h  
▲ 125 m

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### 8 BOI - TAÜLL

Start in Boi (1,265 m), where the trail begins near the bend in the Taüll path, just inside the village. The path steadily climbs, passing sections with remnants of the original cobblestones, and reaches the Taüll road (1,480 m), about 400 metres uphill from Sant Climent.

**DIFFICULTY**  
●●●●

○-○ 1.10 km  
⌚ 0.40 h  
▲ 215 m

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### 9 LLANCEROS PATH

From Taüll (1,480 m), head down the Boi road to the first bend, then turn right onto the old Llaneros Path. The trail starts off flat before gently descending and joining the Les Roquetes Path. Turning left will take you to Boi (1,265 m - 15 minutes), while turning right will lead you upwards towards Caldes de Boi (1,472 m - 2 hours).

**DIFFICULTY**  
●●●●

○-○ 1.60 km  
⌚ 0.45 h  
▲ -220 m

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### 10 BOI - CALDES DE BOI WATER TRAIL

Starting in Boi (1,265 m), head right from the bus stop onto a street that leads directly to the Les Roquetes Path. This trail, lined with charming dry stone walls and wooden supports, will take you to the Caldes road. Turn left here and follow the road for about 200 metres before joining the Camí de Caldes. After crossing the Boi Bridge, go behind the inn and continue onward to the Caldes de Boi Spa (1,472 m).

**DIFFICULTY**  
●●●●

○-○ 5.20 km  
⌚ 2.15 h  
▲ 207 m

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### 11 ERILL LA VALL - CALDES DE BOI

Starting in Erill la Vall (1,250 m), follow the Carreraforat Path. Just outside the village, before reaching the road, climb the metal stairs to navigate the rocky section of Puigcabò, continuing towards Les Baserques. From there, join the trail to Caldes at the Boi Bridge.

**DIFFICULTY**  
●●●●

○-○ 4.75 km  
⌚ 2.00 h  
▲ 222 m

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HIKING ROUTE MAP MOUNTAIN GUIDES GUIDED WALKING AND HIKING TOURS WIKILOC VALL DE BOI



# HIKING TRAILS

### 2 FROM TOIRIGO TO THE CAVALLERS RESERVOIR

Take the L-500 road towards Caldes de Boi and park on the left side, just past the Toirigo information booth (1,500 m). The trail to the Cavallers Reservoir (1,784 m) begins on the right side of the booth.

**DIFFICULTY**  
●●●●

○-○ 2.65 km  
⌚ 1 h  
▲ 284 m

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### 4 ESTANY LLONG - ESTANY REDÓ

This scenic trail leads through meadows and an open woodland to one of the most picturesque lakes in the San Nicolau Valley. Nestled in the glacial cirque of the same name, the lake is known for its rounded shape, a breathtaking waterfall, and a small island crowned with a solitary pine tree.

**DIFFICULTY**  
●●●●

○-○ 1.33 km  
⌚ 0.30 h  
▲ 422 m

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### 5 ESTANY LLONG - PORTARRÓ D'ESPOT

From Estany Llong, avid hikers can cross the ravine of Peixerani via a wooden bridge to find a signpost directing them to one of the park's most remarkable trees: the black pine of Peixerani. Returning to the main trail, a steady incline will bring you to the grand pass in just over an hour. From there, a 15-minute walk along a well-marked path leads to a viewpoint with stunning vistas of Lake Sant Maurici.

**DIFFICULTY**  
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○-○ 3.61 km  
⌚ 1.30 h  
▲ 414 m

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### 6 DELLUI VALLEY

This circular trail offers an opportunity to explore beautiful lakes and enjoy sweeping views of the San Nicolau Valley. Starting from the front of the Refuge Ventosa i Clavell, take the path heading north (to your right as you exit). The trail leads past Lake Travessani and continues northeast, climbing toward Lake Clot. Shortly after, you'll encounter a junction on the left that leads to Montardo and Restanca via the Oelhacrestada col. The main trail then continues, passing a smaller lake on the right.

**DIFFICULTY**  
●●●●

○-○ 10.60 km  
⌚ 4 h / 5 h  
▲ 519 m

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### 8 VENTOSA MOUNTAIN HUT - CALDES PASS

This trail links La Vall de Boi with the Aran Valley, following a pass historically used to connect these two regions. Starting from the front of the Refuge Ventosa i Clavell, take the path heading north (to your right as you exit). The trail leads past Lake Travessani and continues northeast, climbing toward Lake Clot. Shortly after, you'll encounter a junction on the left that leads to Montardo and Restanca via the Oelhacrestada col. The main trail then continues, passing a smaller lake on the right.

**DIFFICULTY**  
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○-○ 5.87 km  
⌚ 2.30 h  
▲ 410 m

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### 9 VENTOSA MOUNTAIN HUT - RIUS PASS

From the Mountain Hut, the trail meanders through the upper reaches of the Caldes Valley, winding across alpine meadows and past numerous lakes and peat bogs. It eventually reaches the base of Montardo and the col, offering stunning views of the neighbouring Riu Valley in Aran.

**DIFFICULTY**  
●●●●

○-○ 3.37 km  
⌚ 2 h  
▲ 281 m

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### 10 FROM TOIRIGO TO GÉMENA LAKES

Take the L-500 road toward Caldes de Boi and park in on the left, just past the Toirigo information booth (1,500 m). From this parking area, the trail begins and leads to Lake Gémena (2,257 m) through the Lubriquito Plateau.

**DIFFICULTY**  
●●●●

○-○ 4.40 km  
⌚ 2.50 h  
▲ 757 m

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### 11 FROM PONT DE LA RIBERA TO PESSO LAKES

Follow the L-501 road toward Pla de l'Ermita. Park about 500 metres past the village, just before the Pont de la Ribera (1,692 m). The trail runs along the right bank of the Sant Martí River. Shortly before reaching a partially collapsed shepherd's hut, follow the marked path with yellow posts, which ascends to the Estans de Pessó (2,493 m).

**DIFFICULTY**  
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○-○ 4.20 km  
⌚ 3 h  
▲ 800 m

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### 12 BARRUERA - DURRO - SARAIS - EL PONT DE SARAIS - BARRUERA

Starting in Barruera, follow the trail to Durro (Hiking Trail 4). Upon reaching Durro (1,390 m), begin below the Church of the Nativity, heading left and passing through a stone arch on the right. Continue along the path, which initially coincides with the trail to Barruera, maintaining a steady elevation as it winds around the mountain. Pass through meadows and terraces before entering the Obac pine forest, eventually arriving at the abandoned village of Sarais (1,340 m). Navigate carefully through Sarais due to the poor condition of the houses, exiting at its lowest point. From there, descend steadily along a path bordered by dry stone walls until reaching El Pont de Sarais (1,006 m). At this point, take the Water Trail (Hiking Trail 2) to return to Barruera.

**DIFFICULTY**  
●●●●

○-○ 14.70 km  
⌚ 4 h  
▲ 659 m

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### 13 FAUNA TRAIL IN DURRO

From Durro (1,390 m), head south, crossing the bridge over the Cortina Ravine. A short climb brings you to a right turn that leads to the Hermitage of Sant Quirç via the old path. From the hermitage, follow the forest track for about 700 metres before turning left onto an uphill trail that eventually reconnects with the track. Continue along the track to the right until you reach a curve, where a path branches off to a viewpoint offering breathtaking views of the valley. From the viewpoint, follow the clearly marked trail through forests and meadows, which will bring you back to Durro.

**DIFFICULTY**  
●●●●

○-○ 7.50 km  
⌚ 2.30 h  
▲ 200 m

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### 14 CARA AMON FROM BARRUERA TO LES ROIES DE CARDET

The trail starts on Calle Major in Barruera and leads to a track. Once on the track, a footpath provides shortcuts. Just before reaching the Hermitage of Sant Salvador, leave the track and turn left, ascending through the gorge to the ridge. Follow the ridge all the way to the summit.

**DIFFICULTY**  
●●●●

○-○ 4.80 km  
⌚ 2.20 h  
▲ 1350 m

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### 15 CIRCULAR ROMANESQUE TRAIL I BARRUERA - ERILL LA VALL - BOI - TAÜLL - BOI - DURRO - BARRUERA

Begin in Barruera (1,097 m) and follow the path towards Erill la Vall (Hiking Trail 6). Upon reaching Erill la Vall (1,247 m), descend toward the Church of Santa Eulàlia and continue towards Boi (1,265 m). Follow the trail as it goes down to the L-500 road and cross it. After crossing, take the stairs leading to a bridge over the Noguera de Tor river, then ascend to the parking area in Boi. From Boi, proceed towards Taüll (Hiking Trail 8) (1,480 m). After reaching Taüll, retrace the same path back to Boi. In Boi, descend to Riu Square and head south toward Durro (Hiking Trail 7) (1,390 m). Upon reaching Durro, descend to the Church of the Nativity and take the left-hand path through dry stone walls and the forest. Finish the route by returning to Barruera and crossing the historic stone bridge.

**DIFFICULTY**  
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○-○ 15.20 km  
⌚ 5 h  
▲ 715 m

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### 16 CIRCULAR ROMANESQUE TRAIL II BARRUERA - CARDET - PONT DE SARAIS - CÒLL - EL PONT DE SARAIS - BARRUERA

From Barruera (1,097 m), take the trail towards Cardet (Hiking Trail 3). Upon reaching the Church of Santa Maria de Cardet (1,157 m), skirt the southern edge of the village and descend along the ravine to the L-500 road near the Cardet Dam (1,088 m). Continue to the Pont de Sarais, cross the bridge over the Noguera de Tor River, and follow the river to the Pont de Sarais (1,006 m). At this point, cross the L-500 road and take the uphill path to Coll (Hiking Trail 1). After reaching Coll, retrace your steps back to Pont de Sarais and return to Barruera along the Water Trail, which follows the Noguera de Tor River.

**DIFFICULTY**  
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○-○ 12.70 km  
⌚ 3.30 h  
▲ 636 m

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### 17 PONT DE LA RIBERA - RUS PASS

The trail starts at a sharp bend on the L-501, just beyond the Pla de l'Ermita and before the San Martí Bridge, where a small parking area is available. From here, follow the signs to Port de Rus, which initially coincide with the GR trail. The path winds through a forest before gradually ascending through alpine meadows, leading to the mountain pass—a natural link to Cabdella in the Vall Fosca.

**DIFFICULTY**  
●●●●

○-○ 6.20 km  
⌚ 3 h  
▲ 891 m

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### 18 ERILL LA VALL - GELADA PASS

The trail begins at Tarter Square in Erill la Vall, crossing the ravine before following a footpath through the forest. It gradually ascends through open meadows to Basco Pass, which offers breathtaking views of the valley. From there, the trail continues at a consistent elevation towards the easily visible Port de la Gelada, a natural passage linking Vall de Boi with Barravales Valley.

**DIFFICULTY**  
●●●●

○-○ 5.70 km  
⌚ 3 h  
▲ 643 m

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